



Chartered 1965 "Celebrating our 43rd year of service to the Community"

ROTARY CLUB OF VIENNA, Inc.
Wednesdays 12:15 PM
Award Winning Newsletter

Marco Polo Restaurant
245 W Maple Ave.
Vienna, VA 22180

Upcoming Events

- Nov. 2 - Rotary Cup Football game
- Nov. 8 - Madison HS Ethics Day
- Nov. 17 - Rotary Leadership Institute
- Nov. 28 - Board Meeting
- Dec. 1,8,15 - Bell Ringing at Giant
- Dec. 11 - Winter Social - Vienna Arts Center
- Apr. 3-8 - District Conference

Upcoming Programs

- Nov. 7 - Marie Huhtala Classification Talk
- Nov. 14 - Classification Talks, Paul Berger and Cheryl Romano
- Dec 12 - Classification Talk, Jodi Scholes



Winter Social
Dec. 11th 6 - 8 pm
The Vienna Arts Center
115 Pleasant St. Vienna

Nomination for the 2007
Charitable Giving
Due October 31st

Go the web site www.viennarotary.org
Click on **Nomination Form**



Ethics Day

Madison High School
Nov. 8th

Vienna Community Center
Table leaders needed
see Matt to sign-up

October is Rotary
Vocational Service
Month

Today's Program

Rotary Cup
Marshall - Madison Football



View from the Tables

Meeting called to order at 12:15 pm
Pledge: Led by Larry Warren
Song: *America The Beautiful* Led by Larry Warren
Prayer: Led by Richard Lukens

12:50 Larry Warren started business portion of meeting:

Larry read a thank you letter from Manulo in response to the Club's sympathy card over the loss of his son, Louis, in a car accident. Manulo was a waiter at Marco Polo and served the Vienna Rotary Club lunches for over 30 years prior to his recent retirement. **President Larry** proposed making Manulo an honorary member of the Club in recognition of his years of service to the club.

President Larry also announced that he had received a thank your letter from Tracy D. Lee, Associate Professor at George Mason University for the Club's \$1,000 scholarship gift in the name of George Bitner. (George was a long standing member of this Club who passed away approximately five years ago and a scholarship was set up in his name.) **President Larry** stated that Dan Palumbo, a Sophomore at GMU, is the recipient of the George Bitner scholarship this year. Dan Palumbo also plays baseball at GMU where and has a .315 batting average.

John Brunow reminded members of the Halloween Parade tonight from 6 pm to 9 pm. **Joe Merenda** reminded the Club of the Rotary Social this Saturday starting at 1 pm at the home of Bob Rosenbaum and at Lewisville Park. There will be games including Bocchi, softball and plenty of food. The Cost is \$12 for adults and \$6 for children.

Lou Zone announced that the annual Madison - Marshall Rotary Bowl football game will be held November 2nd at Madison High School. Members of both high school teams will be here for lunch next week.

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Vienna Halloween Parade



Woody Grand Marshall



w/ Matt, Citizen of the year



Rotary Parade Marchers



Rotary Parade Riders



More Vienna Halloween Parade



Fall Social



Richard at the "bottles"



Connie, Joe and Jon after the "bottle"

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Matt Brennan once again announced that grant applications for Rotary Foundation grant proposals are now available on-line and reminded the Club that the deadline for submission of a grant proposal is October 31st. **Matt** also announced that Ethics Day for Madison High School will be held on November 8th at the Community Center. Volunteers, particularly Rotary Club members, are still needed. **Visiting Rotarians:** None **Guests:** **Matt Brennan** again introduced **Bindy Lichtenfels** who is visiting and has been sponsored as a new member. **Happy Talk:** **George Creed** was happy about his upcoming birthday. He donated \$3 in honor of the event which he tried to mathematically equate to his age. I didn't follow his math.

Tom Kylo was happy that the Softball game held this past Sunday was a success. He didn't announce the score. I don't know what that means. **John Tate** was happy that his 44 year old son and his son's spelling bee team had just won a competition. **Bob Marshall** announced that he will turn 71 tomorrow. **Matt Brennan** was happy that UVA beat Maryland **Jeff Aiken** was happy that it was raining. **Jon Holtaway** was happy that his daughter just turned two. **Gambling:** **Wagner Garces** won the small pot of \$30 and donated it back to the Club. **Wagner** picked a 4 of diamonds and the large pot of \$575 continues to grow until at least next week. Must be a run on diamonds as last week **Jodi Scholes** drew the 5 of diamonds. The Cherry Pie from The Pie Gourmet was won by **Bob Easton**.

Speaker: Archie Tinelli introduced the guest speaker, Mr. Dick Stieglitz, Ph.D., who spoke about his new book "Taming the Dragons of Change". Mr. Stieglitz relayed how he had had to tame the dragons in his own life from an early age, when he was abandoned in



an orphanage at age three with his older brother when his Mother died and his father abandoned them. From

this he learned independence and not to rely on anyone but himself. He related that he had earned a PhD in nuclear engineering in 1970 in anticipation of working in the nuclear industry, just as Three Mile Island happened and the nuclear industry employment opportunities imploded. Mr. Stieglitz said that after working as a Nuclear Reactor Officer in the Navy and preparing for a career in the civilian nuclear industry he had to learn a new craft and that he achieved success by taming his dragons. He said that the term "dragons" refers to our innate resistance to change. His book is how to overcome those dragons in our own lives that make us resistant to change.

Mr. Steiglitz's book describes 10 tips, in three sections on how to deal with change and disappointment in our lives: The three sections are thoughts and beliefs, relationships and actions. Within thoughts and beliefs he set out three criteria: 1st, Be Happy Today, 2nd Live In Abundance and 3rd, Stretch for Tomorrow. As to relationships, his 4th criteria is to Give Love Freely, 5th is to Be Open and Honest and 6th is to Just Say Yes. The last category of actions included a 7th criteria to Exercise Personal Responsibility, 8th is to Make Clear Choices, 9th is to Dare to Dream and 10th is to Share Your Dreams.

More information about Mr. Stieglitz's book can be found at www.dragonsofchange.com
Reporter: Richard A. Gray